

SUMMARY

Goal oriented nutritionist and wellness professional focused on conducting detailed nutrition consultations and creating personalised meal plans to meet the needs of each client.

SKILLS

- Knowledge of Human Anatomy and Physiology
- Food Counseling & Food Preparation
- Nutrition Assessment
- Knowledge in Nutritive values
- Weight loss Management
- Computer knowledge

EDUCATION

Qualification	Institution	Board/ University	Year	Percentage or OGPA
MSc Food Science and Technology	University college of sciences	Satavahan University, Karimanagar	2019-2021	8.4GPA
B. Sc. (Hons) Community Science Specialized in Food and Nutrition	College of Home Science, Hyderabad	Professor Jayashankar Telangana State Agricultural University, Hyderabad	2015-19	8.0GPA
Intermediate (Bi. P. C.)	Sri Chaitanya Junior College, Hyderabad	Board of Intermediate Education, AP	2013-2015	95%
S.S.C.	DAV(SPAES) Shantiniketan High School, Godavarikhani	Board of Secondary Education, AP	2013	88%

ACADEMIC PROJECTS

- **Mini Project:** Conducted research in 'ONION STALKS POWDER' for different samples of incorporated pulkas at Post-Graduate and Research Centre, PJTSAU in the year 2018.
- **'DEVELOPMENT AND ANALYSIS ON INSTANT BLACK RICE HALWA MIX'**
Period: 6 months Team size: 4

Role: Standardization and Analysis the amount of protein, fat, carbohydrates, ash, crude fiber content in Instant mix.

Internship:

- **Masqati Dairy Products Pvt.Ltd**
Internship
Jul 2018 – Sep 2018
Role: Inplant training
- **Sunshine Hospital**
Internship
Feb 2019 – Aug 2019
Role: Clinical Dietician
Nutritional Assessment to patients
Diet counseling
Assessing Diet plans to various disease patients
- **Starchik Foods Pvt.Ltd**
Internship
Apr 2021 – Jun 2021
Role: Quality analysis of meat & meat products (Protein, Fat, Moisture)
Monitor meat processing section.
Daily sensory evaluation of meat products.
Water quality (Ph, TDS, Hardness)
Monitor the personal hygiene of workers.
Conducting daily inspection regarding hygiene and sanitation condition of production and storage area.
Monitor the Room Temperature, Freezer, Blast freezer, Chilling room.
Quality check of raw materials.
Verification of FIFO & FEFO.

Work Experience:

- **Lifeline Hospital**
Aug 2021 to present
Role: Dietitian
Responsibilities:
Conducted Nutritional Assessments.
Develop Individualized Nutrition Plans (e.g., diabetes, renal disease, post-surgical care).
Monitor Patient Progress.
Provide Nutrition Counselling and Education.
Ensure Compliance with Hospital Policies and Guidelines.
Support Enteral and Parenteral Nutrition.
Participate in Quality Improvement Initiatives.
- **Alphores Women's Degree & PG College:**
Role: Lecturer
Responsibilities:
Deliver Lectures- teach undergraduates and postgraduates courses in Food Science & Nutrition i.e., food chemistry, human physiology, diet therapy, therapeutic nutrition, baking and confectionary, food microbiology.
Develop Course Materials and Curriculum.
Supervise Student Practical's and Diet planning.
Promote Industry Collaboration (eg: internship in hospitals & industries).
Organize Workshops and Seminars.

Curricular Activities

- Certificate of Merit in 'One Act Play' conducted by PJTSAU.
- Certificate of appreciation from Election Commission of India.
- Participant of National Service Scheme (NSS) in the year 2015-2019.
- Participated in World Food Day.
- Participated in '**IDA State Annual Conference, Hyderabad Chapter**' held at Mahbubnagar in 2016

Declaration:

I hereby declare, that the above-mentioned information is true to the best of my knowledge and belief.

MERUGU SAIPRIYA